



## Jubilee Prayer

Father in heaven, may the *faith* you have given us in your son, Jesus Christ, our brother, and the flame of *charity* enkindled in our hearts by the Holy Spirit, reawaken in us the blessed *hope* for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. **Amen.**





## Plenary Indulgence

**At least once during the Holy Year:**

- Receive sacramental confession and absolution
- Receive Holy Communion

**And carry out any of the following:**

- Make a visit to either St. Peter Cathedral, Erie, or St. Leo Magnus Church, Ridgway, to pray for the intentions of the Holy Father.
- Visit the sick or others in need.
- Perform personal acts of penance for an entire day, such as:
  - Abstain from eating meat
  - Abstain from distractions
  - Abstain from unnecessary consumption of food or drink
- Perform significant acts of charity:
  - Contribute to the poor
  - Support the homeless, etc.
  - Volunteer a significant amount of time in support of human life and dignity

**Each person can receive one plenary indulgence per day.**